



The Lion Works School's PSHE and RSE curriculum

Last Review Date: 16.07.24

Dear Parent / Carer

We believe that promoting the health and wellbeing of our students is an integral part of their education and preparation for adulthood. One of the ways we do this is through our personal, social, health and economic (PSHE) and relationships and sex education (RSE) curriculum.

PSHE and RSE covers many topics including all kinds of relationships, physical and mental health and the knowledge and skills needed to live as active citizens and making a positive contribution to the wider world. The aim of our PSHE/RSE curriculum is to help students make safe and informed decisions. Relationships and sex education (RSE) is the statutory element of our PSHE curriculum and all schools in England are required to teach this.

During our PSHE/RSE sessions, we will be teaching lessons which will include topics such as: personal hygiene; naming body parts; families; online safety; puberty; babies and birth; healthy and unhealthy relationships; pregnancy and contraception, sexual health and consent. We will also look at a range of other topics that are clearly laid out in **our PSHE and RSE Policies and are available through our website as well as on request.**

RSE is a statutory subject and although parents can withdraw their child from the sex education element, we want to assure parents that our curriculum is taught in an age-appropriate manner and provides students with the time to ask questions in a safe environment and ultimately receive fact-checked information, rather than hearing content second hand or via online platforms.

The Department for Education has published some resources for parents that explain what they expect pupils to learn in school and why. You can find them here:

- [Relationships education, relationships and sex education \(RSE\) and health education: FAQs](#)
- [Relationships, sex and health education: guides for parents](#)

Our predominantly online world now means that students are exposed to so many misleading messages about their bodies, relationships and expectations. The prevalence of sexual images in social and other media make it important that all young people have a place to discuss pressures, check facts, dispel myths and ultimately feel safe and confident they know what to do in given situations and to protect themselves and others from harm.

We know that you as parents and carers are the most important educators of children and young people, and we see our programmes as an additional support that we can offer to supplement the advice and guidance they receive at home with you.

You may find that your child starts asking questions about topics covered at home, or you might want to take the opportunity to talk to your child about topics before the work is covered in school. If you have any queries about the content of the programme or resources used, please do not hesitate in contacting the school after you have reviewed our PSHE/RSE Policies. We will then be able to ask your child's PSHE/RSE teacher to share any further information including resources or materials should you so wish.

Miss Collinson

Headteacher